



WMST – The Road to Omaha Part 1

Swimmers Information & Meet Entry Form (Sanction # -----)

(Please Print)

LAST Name: _____ FIRST Name: _____ USMS #: _____

Birthdate: _____ Team Name _____ Team Abbreviation (5 letters max): _____

Swimmer's Age as of 12/31/12: _____ Sex (circle): Male Female

Address: _____ City: _____ State: _____ Zip: _____

Home Phone #: _____ Work Phone #: _____ E-mail: _____

Women		Sunday, May 20	Men	
No.	Time-meters	Event Schedule	No.	Time-meters
1		400 Meter Free	1	
2		50 Meter Backstroke	2	
3		100 Meter Breaststroke	3	
4		200 Meter Butterfly	4	
5		50 Meter Freestyle	5	
6		400 Meter Individual Medley	6	
7		50 Meter Butterfly	7	
8		200 meter Freestyle	8	
9		100 Meter Backstroke	9	
10		200 Meter Breaststroke	10	
11		100 Meter Freestyle	11	
12		200 Meter Backstroke	12	
13		50 Meter Breaststroke	13	
14		200 Meter Individual Medley	14	
15		100 Meter Butterfly	15	
16		1500 Meter Freestyle	16	

Please staple a photocopy of USMS registration here. No pending entries will be accepted. All swimmers must send a photocopy of their USMS card in order to participate!

Fees – Individual Entry		Make Cheque Payable To: WMST WMST –LC Meet P.O. Box 7084 The Woodlands Texas 77387-7084
On Time Entry	\$35	
After 5/15/2010 and Deck Entries	\$45	
Total		

Liability Waiver: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature: _____

Date: _____



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(Times are eligible for making the NQT's for Omaha – Nationals entry deadline is May 31st)

Long Course Meet May 20, 2012

- DATE:** Sunday, May 20, 2012. Deck check-in and warm up begins at 9:00 am. The 400 Meter Freestyle will begin at 10:00 am. Deck entries will close at 9:30 am.
- ENTRY:** Meet entry is \$35 if received by May 15, 2012. All other entries, including deck entries, will be \$45. Online meet entry is \$35 if completed online by midnight May 15, 2012. Entries completed online May 16 through midnight May 18 are \$45. Online entries close at midnight May 18. Deck entries are \$45. Note that online entry will be charged to your credit card by "ClubAssistant.com Events."
- FACILITIES:** Eight lane, 50 meter indoor pool with regulation starting blocks, electronic timing system, video scoreboard. 25 yard diving well reserved for warm up and cool down. Locker/ shower facilities.
- LOCATION:** The CISD Natatorium, 19133 David Memorial Drive, Shenandoah Texas 77385
- SANCTION:** Sanctioned by Gulf Master Swim Committee for USMS, Inc. Sanction #252-S004
- ELIGIBILITY:** Open to all registered US Masters Swimmers, ages 18 and over as of December 31, 2012 (Note: a competitor who is 18 years old must be 18 as of May 19, 2012). All entries must include a copy of the competitor's 2012 USMS registration card.
- MEET ENTRY:** Enter online at www.wmst.net or complete the attached entry form. A maximum of 5 individual events may be entered. Note: it is anticipated that there will be breaks after Events 5, 10, and 15. This will depend on the number of entries and the speed of the Meet.
- AWARDS:** A firm pat on the back and generous high fives.
- CONDUCT OF MEET:** Event heats will be seeded by entry time only (not by sex or age), and swum slowest to fastest. USMS Long Course Rules will govern the meet.
- MEET REFEREE:** Claude Humbert
- HOSPITALITY:** Will be provided for timers and officials
- SOCIAL:** We are Masters at swimming, eating and drinking but more importantly making new friends. Come join us for an informal gathering at Katz's Deli located just across the pool parking lot at 19075 Interstate 45 Shenandoah TX.
- QUESTIONS:** Meet Director Tom Boak 281-363-0672
Woodlands Masters Swim Team P.O. Box 7084 The Woodlands TX 77387-7084
- DIRECTIONS** Interstate Highway 45 to Shenandoah, exit 77 for Research Forest Drive/Tamina Rd. Go east on Tamina Rd. to the first light, turn left (north) on David Memorial Drive and proceed approx ½ mile to the Natatorium which will be on the east side (adjacent the Stadium)

*Results may be accessed on the web at www.wmst.net

Tom Boak, Meet Director
Woodlands Masters Swim Team
Phone 281-363-0672
Email: tboakjr@comcast.net